



EVENT PROGRAMME

REGISTRATION:
WARM UP:

0830-0900
0830-0915

OFFICIALS MEETING:
TEAM MANAGERS MEETING:

0840-0900
0900-0910

EVENT 1	12-14	FEMALE	100M OBSTACLES	0930	START AT SCORE BOARD END
EVENT 2	12-14	MALE	100M OBSTACLES		
EVENT 3	15-17	FEMALE	100M OBSTACLES		
EVENT 4	15-17	MALE	100M OBSTACLES		
EVENT 5	OPEN	FEMALE	200M OBSTACLES		
EVENT 6	OPEN	MALE	200M OBSTACLES		
EVENT 7	12-14	FEMALE	4 X 50M OBSTACLE RELAY	1045	START AT SCORE BOARD END
EVENT 8	12-14	MALE	4 X 50M OBSTACLE RELAY		
EVENT 9	15-17	FEMALE	4 X 50M OBSTACLE RELAY		
EVENT 10	15-17	MALE	4 X 50M OBSTACLE RELAY		
EVENT 11	OPEN	FEMALE	4 X 50M OBSTACLE RELAY		
EVENT 12	OPEN	MALE	4 X 50M OBSTACLE RELAY		
EVENT 13	12-14	FEMALE	10M LINE THROW	1115	START AT BOTH SIDES
EVENT 14	12-14	MALE	10M LINE THROW		
EVENT 15	15-17	FEMALE	12.5M LINE THROW		
EVENT 16	15-17	MALE	12.5M LINE THROW		
EVENT 17	OPEN	FEMALE	12.5M LINE THROW		
EVENT 18	OPEN	MALE	12.5M LINE THROW		
CHANGE OVER & OFFICIALS LUNCH BREAK					
EVENT 19	SUPER SHOWDOWN - FEMALE 200M SUPER LIFESAVER			1230	START AT SCORE BOARD END
EVENT 20	SUPER SHOWDOWN - MALE 200M SUPER LIFESAVER				
SUPER SHOWDOWN PESENTATION					
EVENT 21	12-14	FEMALE	50M MANIKIN CARRY	1300	START AT SCORE BOARD END
EVENT 22	12-14	MALE	50M MANIKIN CARRY		
EVENT 23	15-17	FEMALE	50M MANIKIN CARRY		
EVENT 24	15-17	MALE	50M MANIKIN CARRY		
EVENT 25	OPEN	FEMALE	50M MANIKIN CARRY		
EVENT 26	OPEN	MALE	50M MANIKIN CARRY		
EVENT 27	12-14	FEMALE	4 X 25M MANIKIN RELAY	1400	START AT SCORE BOARD END
EVENT 28	12-14	MALE	4 X 25M MANIKIN RELAY		
EVENT 29	15-17	FEMALE	4 X 25M MANIKIN RELAY		
EVENT 30	15-17	MALE	4 X 25M MANIKIN RELAY		
EVENT 31	OPEN	FEMALE	4 X 25M MANIKIN RELAY		
EVENT 32	OPEN	MALE	4 X 25M MANIKIN RELAY		
EVENT 33	15-17	FEMALE	100M MANIKIN CARRY	1430	START AT SCORE BOARD END
EVENT 34	15-17	MALE	100M MANIKIN CARRY		
EVENT 35	OPEN	FEMALE	100M MANIKIN CARRY		
EVENT 36	OPEN	MALE	100M MANIKIN CARRY		
EVENT 37	12-14	FEMALE	100M MANIKIN CARRY		
EVENT 38	12-14	MALE	100M MANIKIN CARRY		
EVENT 39	15-17	FEMALE	100M MANIKIN TOW	1600	START AT SCORE BOARD END
EVENT 40	15-17	MALE	100M MANIKIN TOW		
EVENT 41	OPEN	FEMALE	100M MANIKIN TOW		
EVENT 42	OPEN	MALE	100M MANIKIN TOW		
EVENT 43	12-14	FEMALE	MEDLEY RELAY	1700	START AT SCORE BOARD END
EVENT 44	12-14	MALE	MEDLEY RELAY		
EVENT 45	15-17	FEMALE	MEDLEY RELAY		
EVENT 46	15-17	MALE	MEDLEY RELAY		
EVENT 47	OPEN	FEMALE	MEDLEY RELAY		
EVENT 48	OPEN	MALE	MEDLEY RELAY		
PRESENTATIONS				1745	1800 TARGET FINISH TIME



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