

**Total Entries=** 20**Total Heats=** 3**Estimated Run Time=** 16 mins 22secs**University Record=** Paul Ellard from Loughborough Students

2 mins 11.6 secs

RLSS Speeds , Ponde Forge , March 2013

Heat 1

Lane	ID	Competitor	University	Arrived	Sent to next Marshall point
3	3059	Unsworth, James	University of Plymouth		
4	3150	Bradley, Kieren	Bristol University		
5	3053	Jordan, Samuel	University of Plymouth		
6	3164	Stevens, Zak	UPSLC		

Heat 2

Lane	ID	Competitor	University	Arrived	Sent to next Marshall point
1	3080	Anderson, Robert	University of Southampton		
2	3143	Bowskill, Tom	Swansea Universities Lifesaving		
3	3036	Stroyde, Dale	University of Birmingham		
4	3073	Phillipson, Jacob	Loughborough University		
5	3144	Cawthera, Fin	Swansea Universities Lifesaving		
6	3151	Fotherby, James	Bristol University		
7	3098	Graves, Benito	University of Warwick		
8	3101	Whittaker, Frazer	University of Nottingham		

Heat 3

Lane	ID	Competitor	University	Arrived	Sent to next Marshall point
1	3082	Kelly, Tom	University of Southampton		
2	3027	Bentley, Andrew	University of Birmingham		
3	3077	Knight, Richard	Loughborough University		
4	3122	Lawman, Sam	University of Sheffield		
5	3159	Kane, Andrew	Teeside University		
6	3162	Witz, Ben	University Of Leeds		
7	3092	Leggott, Daniel	University of Warwick		
8	3132	Adams, Thomas	University of Sheffield		